

MONSTERS ON THE COUCH

**THE REAL
PSYCHOLOGICAL
DISORDERS
BEHIND YOUR
FAVORITE
HORROR MOVIES**

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Supplemental Source Materials and References for *Monsters on the Couch*

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NOTE: This supplemental document collects the references for: *Monsters on the Couch: The Real Psychological Disorders Behind your Favorite Horror Movies* published by Chicago Review Press. They are organized by chapter and page number. Please note that, due to differences in e-readers, the page numbers listed below only correspond to the physical copy of the book and may not be the same for electronic copies.

INTRODUCTION

p. vii. “Though it may seem a remote possibility” is found on p. 24 of:

Asma, S.T. (2009). *On monsters: An unnatural history of our worst fears*. New York: Oxford University Press.

p. vii. “It may be accepted as an axiom” is found on p. 52 of:

Baring-Gould, Sabine. (1865) *The Book of Were-Wolves*. London: Smith, Elder, & Co.

CHAPTER 1

Clinical Lycanthropy: The Werewolves (and Were-Gerbils) Among Us

- p. 11. For more on “sympathetic wounding”, see:
Sconduto, L.A. (2008). *Metamorphoses of the werewolf. A literary study from antiquity through the renaissance*. Jefferson, NC: MacFarland & Company.
- p. 12. For more on this cave art, see:
https://www.1843magazine.com/features/the-fight-to-preserve-a-44000yearold-painting?utm_source=pocket-newtab
- p. 12. For some interesting speculation on possible meanings for animal-human transformation depictions in early human art, see:
Arnds, P. (2015). *Lycanthropy in German literature*. NY: Palgrave Macmillan

Beresford, M. (2013). *The White Devil: The Werewolf in European Culture*. London: Reaktion Books.
- p. 12. For information on cultural differences related to shapeshifting into animals, see:
Ottens, C.F. (1986). *A lycanthropy reader: Werewolves in Western culture*. Syracuse NY: Syracuse University Press.

Surawicz, F.G., & Banta, R. (1975). Lycanthropy revisited. *Canadian Psychiatric Association Journal* 20, 537–542.
- p. 12. For more on Estonian werewolves, see:
Metsvahi, M. (2015). Estonian werewolf history. In W de Blécourt’s (Ed.) *Werewolf histories*. New York: Palgrave Macmillan’
- p.12 “There is no werewolf history”, p. 1:
de Blécourt, W. (2015). *Werewolf histories*. New York: Palgrave Macmillan.
- p. 13. For the many ways to become and kill a werewolf, see sources such as:
Baring-Gould, Sabine. (1865) *The Book of Were-Wolves*. London: Smith, Elder, & Co.

Summers, M. (2003). *The werewolf in lore and legend*. Minneola, NY: Dover.
- p. 14. For one such werewolf salve “recipe” collected by Jean De Nynauld (1615), see:
Beresford, M. (2013). *The White Devil: The Werewolf in European Culture*. London: Reaktion Books.

p. 14. For a discussion of some of the psychoactive effects of these werewolf salve ingredients, see:

Drake, M.E. (1992). Medical and neuropsychiatric aspects of lycanthropy. *Journal of Medical Humanities*, 13(1): 5–15.

p. 14. For an example of one such early scholar, see:

Emminghaus, H. (1878). *Allgemeine Psychopathologie. Zur Einführung in das Studium der Geistesstörungen*. Leipzig: F.C.W. Vogel.

p. 14. For information on the myth of stabbing a werewolf three times, see:

Baring-Gould, Sabine. (1865) *The Book of Were-Wolves*. London: Smith, Elder, & Co.

p. 15. For werewolf-vampire connections, see:

Summers, M. (2003). *The werewolf in lore and legend*. Minneola, NY: Dover.

p. 15. For more on werewolves and exorcism, see O'Donnell's work in:

O'Donnell, E. (2015) *Werewolves*. New York: Dossier Press.

p. 15. The citation for kneeling in the same spot for 100 years is Schleicher in his "Litauische Märchen":

Baring-Gould, Sabine. (1865) *The Book of Were-Wolves*. London: Smith, Elder, & Co.

p. 15. "You are a werewolf":

Simonsen, M. (2015). The werewolf in nineteenth-century Denmark. In W de Blécourt's (Ed.) *Werewolf histories*. New York: Palgrave Macmillan.

p. 15. The references I was able to find on the use of silver against werewolves were reports of the Beast of Gevaudan from the 1760s and an entry on *The Werewolves in Greifswald* by J. D. H. Temme, as accessed through:

<https://www.pitt.edu/~dash/werewolf.html#temmezarnow><https://www.pitt.edu/~dash/werewolf.html#temmezarnow>

p. 15. For more on the moon and being "moonstruck", see:

de Blécourt, W. (2015). *Werewolf histories*. New York: Palgrave Macmillan'

p. 16. For a source on illiteracy rates in 1600, see:

Houston, R.A. (2002). *Literacy in Early Modern Europe: Culture and Education, 1500-1800 (2nd Ed.)*. New York: Routledge.

p. 16. Rolf Schulte's work on the topic of werewolf slander litigation can be found in:

Schulte, R. (2015). The Werewolf in the popular culture of early modern Germany in W. de Blécourt's (Ed.) *Werewolf Histories*. New York: Palgrave Macmillan.

- p. 16. The 1609 example is found on p. 196 of:
Schulte, R. (2015). The Werewolf in the popular culture of early modern Germany in W. de Blécourt's (Ed.) *Werewolf Histories*. New York: Palgrave Macmillan.
- p. 17. The *Malleus* (reference below) not only included information on how to “diagnose” a witch but provided suggestions for how to deal with the accused. Thus, it served not only as a diagnostic manual, but also a “treatment” manual. A translation can be found in
Kramer, H., & Sprenger, J. (1971). In M Summers M. (Ed.), *The malleus maleficarum* (M. Summers, Trans.). Mineola, NY: Dover Publications.
- p. 17. Kramer and Sprenger's solution to this problem can be found in Question X (i.e., Whether Witches can by some Glamour Change Men into Beasts) of their *Malleus Maleficarum*, Ibid.
- p. 17. For Johannes Wier's views, see his *De Praestigiis Daemonum*.
- p. 18. The honor of being some of the first to present a scientific understanding of the werewolf would likely go to Galen or Marcellus of Side according to:
Blom, J.D. (2014). When doctors cry wolf: A systematic review of the literature on clinical lycanthropy. *History of Psychiatry*, 25(1), 87-102.
- p. 18. For Reginald Scot's views, see:
Scot, R. (2014). *The discoverie of witchcraft*. New York: Dover.
- p. 19. For more on rabies and werewolves, see:
Beresford, M. (2013). *The White Devil: The Werewolf in European Culture*. London: Reaktion Books.
- p. 19. For more information on serial killers and serial killer “criteria”, see:
Hickey, E.W. (2016). *Serial murderers and their victims* (7th Ed.). Boston: Cengage Learning.
- p. 20. Several research-based examples of this tendency to use various categories of understanding to make sense of strange experiences are discussed in Chapter 6.
- p. 20. “demon-haunted world”:
Sagan, C. (1997). *The Demon-haunted world: Science as a candle in the dark*. New York: Ballantine Books.
- p. 20. The infamous case of “The Tailor of Châlons” is briefly discussed in:
Baring-Gould, S. (1865). *The Book of Were-Wolves*. London: Smith, Elder, & Co.

- p. 21. “somber, ill-looking fellow” (p. 75):
Baring-Gould, S. (1865) *The Book of Were-Wolves*. London: Smith, Elder, & Co.
- p. 21. A translation of the contemporary pamphlet on Garnier can be found in (pp. 225-228):
Summers, M. (2003). *The werewolf in lore and legend*. Minneola, NY: Dover.
- p. 21. Remarkably, the actual location of Gilles’ hermitage may have been found. See:
Jaccottey, L., & Rochelandet, B. (2009). L’ermitage Saint-Bonnot à Amange L’habitat de Gilles Garnier brûlé comme loup garou à Dole en 1574. *Archeopages* 25, 40-45.
- p. 22. “the poor maniac fully believed” (p. 78):
Baring-Gould, S. (1865). *The Book of Were-Wolves*. London: Smith, Elder, & Co.
- p. 23. For more on the cases of Stubbe and Greniere, see:
de Blécourt, W. (2015). *Werewolf histories*. New York: Palgrave Macmillan’
- Pluskowski, A. (2015). Before the werewolf trials: Contextualizing shape-changes and animal identities in Medieval North-Western Europe. In W. de Blécourt’s (Ed.) *Werewolf histories*. New York: Palgrave Macmillan.
- Summers, M. (2003). *The werewolf in lore and legend*. Minneola, NY: Dover.
- p. 23. For a review of recorded werewolf trials, see:
de Blécourt, W. (2015). *Werewolf histories*. New York: Palgrave Macmillan.
- p. 23. The original pamphlet detailing the case of Peter Stubbe was reprinted and translated in:
Ottensmeyer, C.F. (1986). *A lycanthropy reader: Werewolves in Western culture*. Syracuse NY: Syracuse University Press.
- p. 24. Keck’s criteria can be found in:
Keck, P.E., Pope, H.G., Hudson, J.I., McElroy, S.L., & Kulick, A.R. (1988).
Lycanthropy: alive and well in the twentieth century. *Psychological Medicine*, 18, 113–120.
- p. 25. Jan’s exhaustive review and the table of animal forms can be found in:
Blom, J.D. (2014). When doctors cry wolf: A systematic review of the literature on clinical lycanthropy. *History of Psychiatry*, 25(1), 87-102.
- p. 26. Information on the were-gerbil delusion can be found in:
Keck, P.E., Pope, H.G., Hudson, J.I., McElroy, S.L., & Kulick, A.R. (1988).
Lycanthropy: alive and well in the twentieth century. *Psychological Medicine*, 18, 113–120.

- p. 26. For more on the startle response in gerbils, see:
Gaese B.H., Nowotny M., Pilz, P.K. (2009). Acoustic startle and prepulse inhibition in the Mongolian gerbil. *Physiology and Behavior*, 98(4), 460-466.
- p. 26. The case of the Jamaican man can be found in:
Moselhy, H.F., & Macmillan, J.F. (1994). Lycanthropy, mythology and medicine. *Irish Journal of Psychological Medicine* 11(4): 168–170.
- p. 27. For a recent example of “witch” persecution, see:
<https://www.livescience.com/28015-penis-snatching-panics-koro.html>
- p. 28. For more on alcohol as a substance that can induce these hallucinations, see:
Garlipp P., Apel M., & Peschel, T. (2009). Lycanthropy in alcohol intoxication. *Australian and New Zealand Journal of Psychiatry* 43, 1086.
- p. 28. As reviewed in the following article, these regions are the premotor and motor cortex, the precuneus and somatosensory, and the primary and secondary somatosensory cortex:
Blom, J.D. (2014). When doctors cry wolf: A systematic review of the literature on clinical lycanthropy. *History of Psychiatry*, 25(1), 87-102.
- p. 28. For more articles discussing the etiology of clinical lycanthropy and their potential mechanisms, see:
Arzy S, Overney LS, Landis T and Blanke O (2006) Neural mechanisms of embodiment: asomatognosia due to premotor cortex damage. *Archives of Neurology* 63, 1022–1025.
- Damasio A (1999) *The Feeling of What Happens. Body and Emotion in the Making of Consciousness*. Orlando: Harcourt.
- Drak, M.E., (1992). Medical and neuropsychiatric aspects of lycanthropy. *Journal of Medical Humanities*, 13, 5-15.
- p. 28. For more on lycanthropy as a “psychic compromise”, see”
Surawicz F.G., & Banta, R. (1975) Lycanthropy revisited. *Canadian Psychiatric Association Journal*, 20, 537–542.
- p. 29. For more on Romasanto, see:
Sanchez Romero, G., & Schwalb, S.R.. (2016). *Beast: Werewolves, serial killers, and man-eaters: The mystery of the monsters of the Gevaudan*. New York: Skyhorse Publishing.

- p. 29. For more on the personal histories of those with clinical lycanthropy, see:
Nejad AG and Toofani K (2005) Co-existence of lycanthropy and Cotard's syndrome in a single case. *Acta Psychiatrica Scandinavica*, 111, 250–252..
- Rao, K., Gangadhar, B.N., & Janakiramiah, N. (1999). Lycanthropy in depression: Two case reports. *Psychopathology*, 32, 169-172.
- Rosenstock H and Vincent KR (1977) A case of lycanthropy. *American Journal of Psychiatry* 134(10), 1147–1149
- p. 30. For a review of psychopharmacological options for treating lycanthropy, see:
Blom, J.D. (2014). When doctors cry wolf: A systematic review of the literature on clinical lycanthropy. *History of Psychiatry*, 25(1), 87-102.
- p. 30. For a review of ECT as a treatment option, see:
Diermen, L.V., van den Aamele, S., Kamperman, A.M., Sabbe, B. C.G., et al. (2018). Prediction of electroconvulsive therapy response and remission in major depression: Meta-analysis. *The British Journal of Psychiatry*, 212(2), 71-80.
- p. 30 For more information on the treatment options for clinical lycanthropy, see:
Garlipp, P., Godecke-Koch, T., Dietrich, D.E., & Haltenhof, H. (2004). Lycanthropy—psychopathological and psychodynamical aspects. *Acta Psychiatrica Scandinavica*, 109, 19-22.
- Grover S., Shah, R., & Ghosh, A. (2010). Electroconvulsive therapy for lycanthropy and Cotard syndrome: A case report. *Journal of ECT* 26(4): 280–281.
- p. 30. For more on supportive therapy approaches, see:
Sharpless, B.A. (2019). *Psychodynamic therapy techniques: A guide to expressive and supportive interventions*. New York: Oxford University Press.
- p. 31. For more on wolves and werewolves, see:
Beresford, M. (2013). *The White Devil: The Werewolf in European Culture*. London: Reaktion Books.
- p. 31. For an example of a “nice guy... kept to himself” story:
<https://www.baltimoresun.com/news/bs-xpm-1999-08-26-9908260306-story.html>
- p. 32. For information on the “shadow”, see:
Jung, C. G. (1969). Aion. In H. Read, M. Fordham, G. Adler, & W. McGuire (Eds.), *The Collected Works of C. G. Jung* (R. F. C. Hull, Trans., 2nd ed., Vol. 9, part 2). Princeton, NJ: Princeton University Press.

p. 31. For evolutionary theory and the werewolf, see:

Beresford, M. (2013). *The White Devil: The Werewolf in European Culture*. London: Reaktion Books.

p. 32. These intoxicant induced “transformations” can be found in certain Native American belief systems. See:

Bastian, D., & Mitchell, J.K. (2008). *Handbook of Native American Mythology*. New York: Oxford University Press.

CHAPTER 2

You Suck?

Vampire Movies and Renfield's Syndrome

- p. 35. "Some are born to sweet delight"
Blake, W. (1863). *Auguries of Innocence*.
- p. 35. "There was once a time when vampires":
Murgoci, A. (1926). The vampire in Roumania. *Folklore*, 37, 320-349.
- p. 35. The case of "Paul" was liberally adapted from:
Vanden Bergh, R.L., & Kelly, J.F. (1964). Vampirism: A review with new observations. *Archives of General Psychiatry*, 11, 543-547.
- p. 37. For information on folkloric vampires as peasants, see:
Barber, P. (1988). *Vampires, burial, and death: Folklore and reality*. New Haven: Yale University Press.
- p. 38. For Greek vampires, see:
Summers, M. (1996). *The vampire in Europe: True tales of the undead*. New York: Gramercy Books.
- p. 38. On the disgust response and corpses, see:
Rozin, P., & Nemeroff, C. (1990). The laws of sympathetic magic. In Stigler, J., Shweder, R. and Herdt, G. (Eds.), *Cultural Psychology*. Cambridge: Cambridge University Press.
- p. 38. For information on Russian vampires, see:
Barber, P. (1988). *Vampires, burial, and death: Folklore and reality*. New Haven: Yale University Press.

Summers, M. (1996). *The vampire in Europe: True tales of the undead*. New York: Gramercy Books.
- p. 39. Bulgarian vampire information can be found in:
Summers, M. (1991). *The vampire*. New York: Dorset Press.
- p. 39. On teeth and vampires, see:
Jaffe, P.D., & DiCataldo, F. (1994). Clinical vampirism: Blending myth and reality. *Bulletin of the American Academy of Psychiatry and Law*, 22, 533-544.

- p. 39. On the associations between fangs and the vampire, see:
Colavito, J. (2008). *Knowing fear: Science, knowledge, and the development of the horror genre*. Jefferson, NC: McFarland & Company.
- p. 39. For some feeding behaviors of the folkloric vampire, see:
Beresford, M. (2008). *From demons to Dracula: The creation of the modern vampire myth*. London: Reaktion Books.
- Summers, M. (1996). *The vampire in Europe: True tales of the undead*. New York: Gramercy Books.
- p. 39. The vampire feeding between the eyes story can be found in:
Barber, P. (1988). *Vampires, burial, and death: Folklore and reality*. New Haven: Yale University Press.
- p. 40. For the family member victims of vampirism, see:
Twitchell, J. (1980). The vampire myth. *American Imago*, 37, 83-92.
- p. 41. For dhampirs, see:
Bahna, V. (2015). Explaining vampirism: Two divergent attractors of dead human concepts. *Journal of Cognition and Culture*, 15, 285-298.
- p. 41. For the case of the “vampire husband”, see:
Oinas, F. (1998). East European Vampires. In A. Dundes (Ed). *The Vampire: A Casebook*. University of Wisconsin Press.
- p. 42. As for the anecdotal evidence, my friend Nikola Kerakov did an informal survey of young people in Sofia, Bulgaria to see if they’ve seen or heard of this practice. Most were aware of it, but they only heard of it being practiced by the older generations.
- p. 42. For example of sunlight and vampires in novels and film, see:
Cohen, D. *The psychology of vampires*. New York: Routledge.
- Laycock, J. (2009). *Vampires Today: The Truth about Modern Vampirism*. Westport, CT: Praeger
- p. 43. Salt and vampirism:
Beresford, M. (2008). *From demons to Dracula: The creation of the modern vampire myth*. London: Reaktion Books.
- Murgoci, A. (1926). The Vampire in Roumania. *Folklore*, 86, 320-349.

p. 43. Vampire babies from sex at church festivals:

Du Boulay, J. (1998). The Greek vampire: A study of cyclic symbolism in marriage and death. In A. Dundes (Ed). *The Vampire: A Casebook*. University of Wisconsin Press.

p. 43. Vampirism and conversion:

Barber, P. (1988). *Vampires, burial, and death: Folklore and reality*. New Haven: Yale University Press.

Flesh from a sheep...

Du Boulay, J. (1998). The Greek vampire: A study of cyclic symbolism in marriage and death. In A. Dundes (Ed). *The Vampire: A Casebook*. University of Wisconsin Press.

p. 44. On chance and vampirism, see:

Barber, P. (1988). *Vampires, burial, and death: Folklore and reality*. New Haven: Yale University Press.

p. 44. I first read about the vampire/baptism connection in:

Barber, P. (1988). *Vampires, burial, and death: Folklore and reality*. New Haven: Yale University Press.

p. 45. For more “warning signs” of vampirism, see:

Barber, P. (1988). *Vampires, burial, and death: Folklore and reality*. New Haven: Yale University Press.

Jaffe, P.D., & DiCataldo, F. (1994). Clinical vampirism: Blending myth and reality. *Bulletin of the American Academy of Psychiatry and Law*, 22, 533-544.

p. 45. For the strange vampire/butterfly connection, see:

Jones, E. (1949). *On the nightmare* (2nd Impression ed.). London: Hogarth Press and the Institute of Psycho-analysis.

p. 45. For Serbian and non-Serbian protective measures, see:

Summers, M. (1991). *The vampire*. New York: Dorset Press.

Summers, M. (1996). *The vampire in Europe: True tales of the undead*. New York: Gramercy Books.

p. 47. For the Malaysian vampire, the *langsuyar* (sometimes spelled *langsuior*), see:

Summers, M. (1991). *The vampire*. New York: Dorset Press.

- p. 47. For more on strange uses for blood, see:
Groom, N. (2018). *The vampire: A new history*. New Haven: Yale University Press.
- p. 48. For more on Richard Trenton Chase and Peter Kurten, see:
Everitt D (1993): *Human Monsters: An Illustrated Encyclopedia of the World's Most Vicious Murderers*. Chicago, Contemporary Books
- Newton, M. (2006). *The Encyclopedia of Serial Killers (2nd Ed)*. New York: Facts on File Inc.
- Bourguignon, A (1977). Situation du vampirisme et de l'autovampirisme. *Annales Medico-Psychologiques*, 13, 181-196.
- p. 48. For a citation on the kindness of vampire bats, see:
Beresford, M. (2008). *From demons to Dracula: The creation of the modern vampire myth*. London: Reaktion Books.
- p. 49. For a description of her life and trial, see:
Craft, K.L (2014) *Infamous lady: The true story of Countess Erzebet Bathory (2nd Ed.)*. Scotts Valley, CA: CreateSpace.
- p. 52. On the lack of evidence for Báthory's blood-bathing, see:
Craft, K.L (2014) *Infamous lady: The true story of Countess Erzebet Bathory (2nd Ed.)*. Scotts Valley, CA: CreateSpace.
- McNally, R.T. (1983). *Dracula Was a Woman: In Search of the Blood Countess of Transylvania*. New York: McGraw Hill.
- p. 52. For sourcing on the life of Vlad, see:
McNally, R.T., & Florescu, R. (1994). *In search of Dracula: The history of Dracula and Vampires (updated and revised Ed.)*. Boston: Houghton Mifflin Company.
- Treptow, K.W. (2019). *Essays on the life and times of Vlad the Impaler*. Las Vegas: Center for Romanian Studies.
- p. 55. Dracula's descendent and his blood bank job:
Morse, D.R. (1993). The stressful kiss: A biopsychological evaluation of the origins, evolution, and societal significance of vampirism. *Stress Medicine*, 9, 181-199.
- p. 55. Richard Noll's work on this topic can be found in.
Noll, R. (1992). *Vampires, werewolves, and demons: Twentieth century case reports in the psychiatric literature*. New York: Bruner Meisel Publishers.

p. 56. For examples of scholars who expanded the vampire definition from just blood-drinking to a more general preoccupation with death, see:

Bourguignon, A (1977). Situation du vampirisme et de l'autovampirisme. *Annales Medico-Psychologiques*, 13, 181-196.

p. 56. My definition of clinical vampirism was more influenced by:

Hemphill, R.E., & Zabow, D.P.M. (1983). Clinical vampirism: A presentation of 3 cases and a reevaluation of Haigh, the "acid bath" murderer. *South African Medical Journal*, 63, 278-281.

Jones, E. (1949). *On the nightmare* (2nd Impression ed.). London: Hogarth Press and the Institute of Psycho-analysis.

p. 57. For more on the case of "Paul", see:

Vanden Bergh, R.L., & Kelly, J.F. (1964). Vampirism: A review with new observations. *Archives of General Psychiatry*, 11, 543-547.

p. 57. For this interesting case of autovampirism, see:

Bourguignon, A (1977). Situation du vampirisme et de l'autovampirisme. *Annales Medico-Psychologiques*, 13, 181-196.

p. 58. Associated features of clinical vampirism references:

Oppawasky, J. (2011). Clinical vampirism: Renfield's syndrome. *Annals of the American Psychotherapy Association*, 13, 58-63.

Prins, H. (1985). Vampirism: A clinical condition. *The British Journal of Psychiatry*, 146, 666-668.

p. 58. For examples of cases of narcissistic personality disorder with lack of coherent identity, see:

Clarkin, J. F., Yeomans, F. E., & Kernberg, O. F. (2006). *Psychotherapy for borderline personality focusing on object relations*. Arlington, VA: American Psychiatric Publishing.

Sharpless, B.A. (2019). *Psychodynamic therapy techniques: A guide to expressive and supportive interventions*. New York: Oxford University Press.

p. 58. *Vampirism and Energy Worker Research Survey* data is cited in:

Laycock, J. (2009). *Vampires Today: The Truth about Modern Vampirism*. Westport, CT: Praeger

p. 59. The progression can be found in:

Noll, R. (1992). *Vampires, werewolves, and demons: Twentieth century case reports in the psychiatric literature*. New York: Bruner Meisel Publishers.

p. 61. For more on assessing clinical vampirism, see:

Hemphill, R.E., & Zabow, D.P.M. (1983). Clinical vampirism: A presentation of 3 cases and a reevaluation of Haigh, the “acid bath” murderer. *South African Medical Journal*, 63, 278-281.

Vanden Bergh, R.L., & Kelly, J.F. (1964). Vampirism: A review with new observations. *Archives of General Psychiatry*, 11, 543-547.

p. 62. “Cutting” as a feature of borderline personality disorder:

Paris J. (2005). Understanding self-mutilation in borderline personality disorder. *Harvard Review of Psychiatry*, 13, 179-185.

p. 63. The processes involved with aversive conditioning for other sexual conditions can be found in:

Laws, R.D., & O’Donohue, W.T. (2008). *Sexual Deviance: Theory, Assessment, and Treatment* (2nd Ed.). New York: Guilford Press.

p. 63. For a discussion of psychodynamic therapy, see:

Sharpless, B.A. (2019). *Psychodynamic therapy techniques: A guide to expressive and supportive interventions*. New York: Oxford University Press.

p. 63. A good Prolonged Exposure Therapy manual is:

Foa, E.B., Hembree, E.A., Rothbaum, B.O., & Rauch, S.A.M. (2019). *Prolonged exposure therapy for PTSD: Emotional processing of traumatic experiences* (2nd Ed.). New York: Oxford University Press.

p. 63. “Addiction” model and vampirism:

Oppawasky, J. (2011). Clinical vampirism: Renfield’s syndrome. *Annals of the American Psychotherapy Association*, 13, 58-63.

p. 63. Citations listing some of the sincere believers in vampirism:

Colavito, J. (2008). *Knowing fear: Science, knowledge, and the development of the horror genre*. Jefferson, NC: McFarland & Company.

Groom, N. (2018). *The vampire: A new history*. New Haven: Yale University Press.

Keyworth, D. (2010). The aetiology of vampires and other revenants: Theological debate and popular belief. *Journal of Religious History*, 34, 158-173

- p. 64. Examples of modern peoples killed for “vampirism”:
<https://allafrica.com/view/group/main/main/id/00056152.html>
<https://allafrica.com/stories/202004070879.html>
- p. 64. “split his ribcage with a pitchfork”:
<https://www.theguardian.com/world/2005/jun/19/theobserver>
- p. 65. Winkler and Anderson citation:
Winkler, M., & Anderson, K.E. (1990). Vampire, porphyria, and the media: Medicalization of a myth. *Perspectives in Biology and Medicine*, 33, 598-611.
- p. 65. For the porphyria case, see p. 10 of:
Dresser, N. (1989). *American vampires: Fans, victims and practitioners*. New York: Norton.
- p. 65. For information on possible connections between rabies and vampirism, see:
Gomez-Alonzo, J. (1998). Rabies: A possible explanation for the vampire legend. *Neurology*, 51, 856-859.
- p. 65. For characteristics of the folkloric vampire, see:
Morse, D.R. (1993). The stressful kiss: A biopsychological evaluation of the origins, evolution, and societal significance of vampirism. *Stress Medicine*, 9, 181-199.
- p. 65. The Dutch newspaper edition was found in:
Groom, N. (2018). *The vampire: A new history*. New Haven: Yale University Press.
- p. 65. “gloomy and disagreeable ideas” (p. 49):
Groom, N. (2018). *The vampire: A new history*. New Haven: Yale University Press.
- p. 66. For information on the possible relations between belief in vampires and decomposition science, see:
Barber, P. (1988). *Vampires, burial, and death: Folklore and reality*. New Haven: Yale University Press.
- p. 66. Davis 1988 zombie book.
Davis, W. (1988). *Passage of Darkness: The ethnobiology of the Haitian zombie*. University of North Carolina Press.
- p. 67. For “perceptual templates”, see:
Barrentt, J.D. (2005). Adaptations of predators and prey in D. Buss’s (Ed.) *The Handbook of Evolutionary Psychology*. Hoboken: John Wiley & Sons.

p. 68. "Sustained gaze" sources:

Barrentt, J.D. (2005). Adaptations of predators and prey in D. Buss's (Ed.) *The Handbook of Evolutionary Psychology*. Hoboken: John Wiley & Sons.

Gallup, G.G. (1998). Tonic immobility. In G. Greenberg & M.M. Haraway (Eds.), *Comparative Psychology: A Handbook*. New York: Garland.

p. 68. On the communicative function of fangs, see:

Dawin, C. (1872/1965). *The expression of the emotions in man and animals*. New York: Penguin Classics.

CHAPTER 3

I am the Walking Dead: Cotard's Syndrome and Zombie Movies

- p. 71. "Zombies are the real lower-class citizens" (p. 30):
Beard, S. (1993). No particular place to go. *Sight and Sound*, 3, 30-31.
- p. 72. "What, if some day or night" (p. 30):
Nietzsche, F.W. (1974), *The Gay Science* (W Kaufman, trans). New York: Vintage Books.
- p. 73. For Kierkegaard's "sympathetic antipathy", see:
Kierkegaard, S. A. (1980a). *The concept of anxiety: A simple psychological orienting deliberation on the dogmatic issue of hereditary sin* (R. Thompste, Trans, A. B. Anderson, Collaborator). Princeton, NJ: Princeton University Press.
- p. 75. For characteristics of the draugr, see:
Chadwick, N.K. (1946). Norse ghosts: A study in the draugr and the haugbui. *Folklore*, 57, 50-65.
- p. 76. Norse *draugur* characteristics can be found in:
Keyworth, D. (2007). *Troublesome Corpses: Vampires and Revenants from Antiquity to the Present*. Essex: Desert Island Books.
- p. 76. For the draugr's lack of holiday cheer, see:
Pettit, K. (2017). Christmas eve of the living dead: The satanic draugr. *Integrative: A Faith and Learning Journal*, 16, 31-41.
- p. 77. For the tale of *draugur* proliferation, see:
Keyworth, D. (2007). *Troublesome Corpses: Vampires and Revenants from Antiquity to the Present*. Essex: Desert Island Books.
- p. 78. "Father, give me the Bull" (lines 80-85):
Lombardo, S., translator (2019). *Gilgamesh*. Indianapolis: Hackett Publishing Company.
- p. 78. For *draugur* destruction information, see:
Caciola, N. (1996). *Wraiths, revenants and ritual in Medieval culture*. Past & Present, 152, 3-45.

- Teichert, M. (2013). *Draugula: The draugr in Old Norse-Icelandic saga literature and his relationship to the Post-Medieval vampire myth*. In B. Brodman and J.E. Doan's (Eds.) *The Universal Vampire: Origins and Evolution of a Legend*. Lanham, MD: Fairleigh Dickinson University Press.
- p. 78. Cremation was done to good effect on Hrappr as described in:
Ellis, H.R. (1968). *The road to Hel: A study of the conception of the dead in Old Norse literature*. New York: Greenwood Press.
- p. 79. George Romero ghouls quote:
<https://www.irishtimes.com/culture/george-a-romero-i-never-called-ours-zombies-we-thought-of-them-as-ghouls-1.496394>
- p. 79. "A demon who feeds on" (p. 134):
Guiley, R.E. (2009). *The encyclopedia of vampires, werewolves, and other monsters*. New York: Facts on File Inc.
- p. 79, Errors in the *Arabian Nights*:
Al-Rawi, A.K. (2009). The Arabic ghouls and its western transformation. *Folklore*, 120, 291-306.
- p. 80. Mohammed's belief in *ghuls* and *ghulahs*:
Al-Rawi, A.K. (2009). The Arabic ghouls and its western transformation. *Folklore*, 120, 291-306.
- p. 80. "Thousand blows" source:
Al-Rawi, A. (2009). The Mythical ghouls in Arabic culture. *Cultural Analysis*, 8, 45-69.
- p. 81. For a review of zombie foods, see:
Charlier, P. (2017). *Zombies: An anthropological investigation of the living dead* (R.J. Gray, II, Trans.). The Gainesville, FL: University Press of Florida.
- p. 82. "the concept of zombies":
Charlier, P. (2017). *Zombies: An anthropological investigation of the living dead* (R.J. Gray, II, Trans.). The Gainesville, FL: University Press of Florida.
- p. 82. For a review of zombification procedures, see:
Charlier, P. (2017). *Zombies: An anthropological investigation of the living dead* (R.J. Gray, II, Trans.). The Gainesville, FL: University Press of Florida.
- Nugent, C., Berdine, G., & Nugent, K. (2018). The undead in culture and science. *Proceedings of the Baylor University Medical Center*, 31, 244-249.

- p. 82. For a review of relevant Haitian burial laws, see:
Charlier, P. (2017). *Zombies: An anthropological investigation of the living dead* (R.J. Gray, II, Trans.). The Gainesville, FL: University Press of Florida.
- p. 82. For discussions of tetrodotoxin, see:
Charlier, P. (2017). *Zombies: An anthropological investigation of the living dead* (R.J. Gray, II, Trans.). The Gainesville, FL: University Press of Florida.
- Nugent, C., Berdine, G., & Nugent, K. (2018). The undead in culture and science. *Proceedings of the Baylor University Medical Center, 31*, 244-249.
- p. 83. One scholar who noted the connections between zombies and disasters was:
Charlier, P. (2017). *Zombies: An anthropological investigation of the living dead* (R.J. Gray, II, Trans.). The Gainesville, FL: University Press of Florida.
- p. 84. For cases of zombie awakenings, see:
Davis, W. (1988). *Passage of Darkness: The ethnobiology of the Haitian zombie*. University of North Carolina Press.
- p. 84. For zombies and salt, see:
Charlier, P. (2017). *Zombies: An anthropological investigation of the living dead* (R.J. Gray, II, Trans.). The Gainesville, FL: University Press of Florida.
- Graves, Z. (2010). *Zombies: The Complete Guide to the World of the Living Dead*. New York: Chartwell Books.
- p. 84. A review of salt used against supernatural attackers can be found in:
Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.
- p. 84. For salt used as a defense against alien abductions:
Druffel, A. (1998). *How to defend yourself against alien abduction*. New York: Rivers Press.
- p. 84. For what happens when the zombie spell is broken, see:
Graves, Z. (2010). *Zombies: The Complete Guide to the World of the Living Dead*. New York: Chartwell Books.
- p. 84. For a review of *White Zombie*, see:
Kay, G. (2008). *Zombie Movies: The Ultimate Guide*. Chicago Review Press.
- p. 87. For the George Romero/Mr. Rogers connection, see:
<https://screenrant.com/george-romero-career-start-mister-rogers-neighborhood/>

- p. 87. For a review of *jiangshi*, see:
Ng, A.H.S. (2021). A typological inquiry into Asian undead beings, or, why are there no vampires in the East. *Preternature*, 10, 218-248.
- p. 91. “affirms she has no brain”: Translated from Cotard, 1880 in:
Debruyne, H. (2017). Cotard’s Syndrome. In B. Sharpless’s (Ed.). *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- p. 92. Mayo Clinic study and Analysis of 100 cases of Cotard’s:
Berrios, G., & Luque, R. (1995). Cotard’s syndrome: analysis of 100 cases. *Acta Psychiatrica Scandinavica*, 91(3), 185–188.
- Sahoo, A., & Josephs, K.A., (2018). A neuropsychiatric analysis of the Cotard delusion. *Journal of Neuropsychiatry and Clinical Neuroscience*, 30, 58-65.
- p. 92. Risk of Cotard’s increases with age:
Edelstyn, N., & Oyeboode, F. (2006). A review of the phenomenology and cognitive neuropsychological origins of the Cotard delusion. *Neurology Psychiatry and Brain Research*, 13, 9–14.
- p. 92. For citations of some of the associated features of Cotard’s, see:
Chatterjee, S., & Mitra, S. (2015). “I do not exist”—Cotard syndrome in insular cortex atrophy. *Biological Psychiatry*, 77(11), e52–e53.
- Debruyne, H., & Audenaert, K. (2012). Towards understanding Cotard’s syndrome: an overview. *Neuropsychiatry*, 2(6), 481–486.
- Sahoo, A., & Josephs, K.A., (2018). A neuropsychiatric analysis of the Cotard delusion. *Journal of Neuropsychiatry and Clinical Neuroscience*, 30, 58-65.
- p. 92. For information on the nature of some of these functional difficulties, see:
Brewer, R., Cook, R., & Bird, G. (2016). Alexithymia: A general deficit of interoception. *Royal Society Open Science*, 3(10), 150664.
- Klein, C. (2015). What pain asymbolia really shows. *Mind; A Quarterly Review of Psychology and Philosophy*, 124(494), 493–516.
- p. 93. For a citation on suicide risk and self-mutilation in Cotard’s, see:
Ghaffari-Nejad, A., Kerdegari, M., & Reihani-Kermani, H. (2007). Self-mutilation of the nose in a schizophrenic patient with Cotard syndrome. *Archives of Iranian Medicine*, 10(4), 540–542.

- p. 94. “He didn’t see himself as human” (p. 59):
 Moynihan, M., Sørderlind, D. (2003). *Lords of Chaos: The Bloody Rise of the Satanic Metal Underground New Edition*. Los Angeles: Feral House.
- p. 94. “To give some semblance”:
<https://metalinjection.net/black-metal-chronicles/remembering-mayhems-dead-per-yngve-pelle-ohlin-on-what-would-have-been-his-53rd-birthday>
- p. 94. Citations for information processing difficulties in Cotard’s:
 Debruyne, H. (2017). Cotard’s Syndrome. In B. Sharpless’s (Ed.). *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- Young, A., & Leafhead, K. (1996). Betwixt life and death: case studies of Cotard delusion. In P. Halligan & J. Marshall (Eds.), *Method in madness: case studies in cognitive neuropsychiatry* (1st ed., pp. 147–171). Hove: Taylor & Francis.
- p. 95. For other factors related to Cotard’s, see:
 Corlett, P., Aitken, M., Dickinson, A., Shanks, D., Honey, G., Honey, R., Fletcher, P.C., Robbins, T.W., Bullmore, E.T. (2004). Prediction error during retrospective reevaluation of causal associations in humans: fMRI evidence in favor of an associative model of learning. *Neuron*, 44(5), 877–888.
- Davies, M., Coltheart, M., Langdon, R., & Breen, N. (2001). Monothematic delusions: Towards a two-factor account. *Philosophy, Psychiatry, & Psychology*, 8(2), 133–158.
- Restrepo-Martínez, M., Espinola-Nadurille, M., Bayliss, L., Diaz-Meneses, I., Kerik, N.E., Mendez, M.F., & Ramirez-Bermudez, J. (2019). FDG-PET in Cotard syndrome before and after treatment: can functional brain imaging support a two-factor hypothesis of nihilistic delusions? *Cognitive Neuropsychiatry*, 24, 470-480.
- p. 95. For the case of fear-inspired Cotards, see:
 Sottile, F., De Luca, R., Bonanno, L., Finzi, G., Casella, C., & Calabro, R.S. (2018). Cotard’s syndrome triggered by fear in a patient with intellectual disability: Causal or casual link? *Issues in Mental Health Nursing*, 39, 353-356.
- p. 95. For improvement in Cotards, see:
 Sahoo, A., & Josephs, K.A., (2018). A neuropsychiatric analysis of the Cotard delusion. *Journal of Neuropsychiatry and Clinical Neuroscience*, 30, 58-65.

- p. 96. For pre and post ECT brain scans in Cotards, see:
Restrepo-Martínez, M., Espinola-Nadurille, M., Bayliss, L., Diaz-Meneses, I., Kerik, N.E., Mendez, M.F., & Ramirez-Bermudez, J. (2019). FDG-PET in Cotard syndrome before and after treatment: can functional brain imaging support a two-factor hypothesis of nihilistic delusions? *Cognitive Neuropsychiatry*, *24*, 470-480.
- p. 96. For an example of improvement in brain functioning following psychotherapy, see:
Barsaglini, A., Sartori, G., Benetti, S., Pettersson-Yeo, W., & Mechelli, A. (2014). The effects of psychotherapy on brain function: A systematic and critical review. *Progress in Neurobiology*, *114*, 1-14.
- p. 97. “The myth of the zombie” (p. 447):
Deleuze, G., & Guattari, F. (1987). *A thousand plateaus: Capitalism and Schizophrenia*, University of Minnesota Press.
- p. 97. For more on consumption and decay, see:
Graves, Z. (2010). *Zombies: The Complete Guide to the World of the Living Dead*. New York: Chartwell Books.
- p. 98. Disgust sensitivity sources:
Askew, C., Çakır, K., Pöldsam, L., & Reynolds, G. (2014). The effect of disgust and fear modeling on children’s disgust and fear for animals. *Journal of Abnormal Psychology*, *123*, 566–577.
- Curtis, V., de Barra, M., & Aunger, R. (2011). Disgust as an adaptive system for disease avoidance behaviour. *Philosophical Transactions of the Royal Society of London: Series B. Biological Sciences*, *366*, 389–401.
- De Jong, P.J., & Borg, C. (2019). Disgust sensitivity. In J Abramowitz & S Blakey’s (Eds) *Clinical Handbook of Fear and Anxiety: Maintenance Processes and Treatment Mechanisms*. Washington DC: APA Press.
- Miller, W.I. (1997). *The anatomy of disgust*. Cambridge, MA: Harvard University Press.
- Olatunji, B.O., Sawchuk, C.N., de Jong, P.J., & Lohr, J.M. (2007). Disgust sensitivity and anxiety disorder symptoms: Psychometric properties of the disgust emotion scale. *Journal of Psychopathology and Behavioral Assessment*, *29*, 115–124.
- p. 99. Horror of Armageddon themes are discussed (p.58) in:
Derry, C. (2009). *Dark Dreams 2.0: A Psychological History of the Modern Horror Film from the 1950s to the 21st Century*. Jefferson, NC: McFarland & Company.

p. 99. For information on September 11th and zombie movies, see the documentary *Zombies: A Living History* put out by the History Channel in 2011 and directed by David V. Nicholson.

p. 102. For more information on the idea of an entire culture being destroyed, Dan Carlin's discussion of *The Celtic Holocaust* in his *Hardcore History* podcast brings this idea sharply into light.

CHAPTER 4

One, Two, the *Dab Tsog*'s Coming for you The Real-Life Mystery Behind *A Nightmare on Elm Street*

- p. 105. "Each day is a little" (p. 435):
Schopenhauer, A. (1974). *Parerga and Paralipomena Volume I*, New York: Oxford University Press.
- p. 106. For additional links between Freddy Krueger and "bogeymen" folklore, see:
Shimabukuro, K. (2014). The bogeyman of your nightmares: Freddy Krueger's folkloric roots. *Studies in Popular Culture*, 36, 45-65.
- p. 113. For more on the case of Ly Doua, see:
Adler, S. (2011). *Sleep paralysis: Night-mares, nocebos, and the mind-body connection*. Newark, NJ: Rutgers University Press
- <https://documents.latimes.com/mysterious-fatal-malady-striking-hmong-men/>
- Maxwell, E. Mysterious Fatal Malady Striking Hmong Men, *Los Angeles Times*, July 14th, 1981.
- p. 114. For a good review of SUNDS, see:
Adler, S. (2011). *Sleep paralysis: Night-mares, nocebos, and the mind-body connection*. Newark, NJ: Rutgers University Press.
- p. 114. For more information on exploding head syndrome, see:
Sharpless, B.A., & Zimmerman, J.A. (2017). Exploding head syndrome. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- p. 114. The signs and symptoms of SUNDS were adapted from p. 11 of:
Holtan, N., Carlson, D., Egbert, J., Mielke, R., & and Thao, T.T. (1984). *Final report of the SUNDS planning project: A summary of the current state of knowledge about sudden unexpected nocturnal death syndrome occurring in Southeast Asians with recommendations for research and community action*. Saint Paul. MN: Saint Paul-Ramsey Medical Center.
- p. 115. Conspiratorial hypotheses for the Hmong deaths:
<https://www.grunge.com/336467/the-mysterious-deaths-that-inspired-a-nightmare-on-elm-street/>

- p. 115. Symptoms of sleep paralysis can be found in chapter 6 and:
Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.
- p. 116. The Adler survey is summarized in:
Adler, S. (2011). *Sleep paralysis: Night-mares, nocebos, and the mind-body connection*. Newark, NJ: Rutgers University Press.
- p. 117. For a review of Hmong stressors, see:
Thompson, M. 1986. The Elusive Promise. *Far Eastern Economic Review* 134, 46–49.
- p. 118. For a review of the placebo effect, see:
Atasoy, O., Pekyürek, M., Çini, N. & Erbaş, O. (2020). The placebo effect. *D J Med Sci*, 6,124-128.
- p. 119. For the asthmatic nocebo effect, see:
Luparello, T.J., Leist, N., Lourie, C.H., & Sweet, P. (1970). The interaction of psychologic stimuli and pharmacologic agents on airway reactivity in asthmatic subjects. *Psychosomatic Medicine* 32(5): 509–513.
- p. 120. Can you die from extreme fright? See:
<https://www.heart.org/en/news/2018/10/31/can-you-really-be-scared-to-death>
- p. 120. For symptoms of Brugada syndrome, see:
Cerrone, M. (2018). Controversies in Brugada syndrome. *Trends in Cardiovascular Medicine*, 28, 284-292.
- p. 121. The prevalence of Brugada syndrome:
Cerrone, M. (2018). Controversies in Brugada syndrome. *Trends in Cardiovascular Medicine*, 28, 284-292.
- Kabra, N., Gupta, R., Aranow, W.S., & Frishman, W.H. (2020). Sudden cardiac death in Brugada syndrome. *Cardiology in Review*, 28, 203-207.
- p. 121. Treatment options for Brugada syndrome can be found in:
Polivina, M.M., Vukicevic, M., Banko, B., Lip, G.Y.H., & Potpara, T.S. (2017). Brugada syndrome: A general cardiologist's perspective. *European Journal of Internal Medicine*, 44, 19-27.
- p. 122. Article by Zheng and colleagues:
Zheng, J., Zheng, D., Su, T., Cheng, J. (2018). Sudden unexplained nocturnal death syndrome: The 100 years' enigma. *Journal of the American Heart Association*, 7, e007837.

CHAPTER 5

This is Not my Beautiful House, This is Not my Beautiful Wife

Horror Movies and the Misidentification Delusions

p. 126. “I am a woman who has been stripped of everything!”: The story of Madame Martin was adapted from the original paper of Capgras and Reboul-Lachaux. Quotes of Mme M. were taken directly from this text, but some of the details were changed and condensed from this translation:

Ellis, H.D., Whitley, J., & Luatue, J.-P. (1994). Delusional misidentification: The three original papers on the Capgras, Fregoli, and intermetamorphosis delusions. *History of Psychiatry*, 5, 117-146.

p. 129. Pierre Janet wrote of symptoms similar to those of Mme. M in 1903.

p. 129. For the university student case, see chapter 1 of:

Enoch, D., Puri, B.K., & Ball, H. (2021). *Uncommon Psychiatric Syndromes* (5th Ed.). New York: Routledge.

p. 130. Definition of “delusion” found on p. 101 of:

American Psychiatric Association (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision* (5th Ed). Arlington, APA Press.

p. 132. For a recent case of mirrored self-misidentification, see:

Rong et al., 2020 A Case of Mirror Image Agnosia and Mirrored Self-Misidentification Syndrome in Schizophrenia without Dementia or Structural Abnormalities

p. 132. For another case of mirrored self-misidentification delusion, see:

Breen, N., Caine, D., & Coltheart, M. (2000). Models of face recognition and delusional misidentification: A critical review. *Cognitive Neuropsychology*, 17(1), 55–71.

p. 132. For more on the delusion of subjective doubles, see:

Christodoulou, G.N. (1978). Syndrome of subjective doubles. *American Journal of Psychiatry*, 135, 249–251

p. 132. A very interesting psychological work on *doppelgängers* can be found *The Double* by Otto Rank, a very smart student of Sigmund Freud.

- p. 133. A translation of the original case of Fregoli can be found in:
Ellis, H.D., Whitley, J., & Luatue, J.-P. (1994). Delusional misidentification: The three original papers on the Capgras, Fregoli, and intermetamorphosis delusions. *History of Psychiatry*, 5, 117-146.
- p. 134. For a discussion of Fregoli vs. Capgras, see:
Sinkman, A. (2017). Capgras and other misidentification syndromes. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- p. 139. For reviews of prevalence rates, see:
Sinkman, A. (2017). Capgras and other misidentification syndromes. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- Ventriglio, A., Bhugra, D., De Berardis, D., Torales, J., Castaldelli-Maia, J.M., & Fiorillo, A. (2020). Capgras and Fregoli syndromes: delusion and misidentification. *International Review of Psychiatry*, 32, 391-395.
- p. 140. "How do you feel about?" (p. 67):
Sinkman, A. (2017). Capgras and other misidentification syndromes. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- p. 141. Walter Carlaftes case:
Gray, K. (1992, May 5), Potential juror breaks down. *The Standard Star*, 18A.
- p. 141. The risk of violence in Capgras:
Pandis, C., Agrawal, N., Poole, N. (2019). Capgras' delusion: A systematic review of 255 published cases. *Psychopathology*, 52, 161-173.
- p. 142. Studies on the "replacer" and "replacements":
Bell, V., Marhsall, C., Kanji, Z., Wilkinson, S., Halligan, P., & Deeley, Q. (2017). Uncovering Capgras delusion using a large-scale medical records database. *BJ Psych Open*, 3, 179-185.
- Currell, E.A., Webeloff, N., Hayes, J.F., & Bell, V. (2019). Cognitive neuropsychiatric analysis of an additional large Capgras delusion case series. *Cognitive Neuropsychiatry*, 24, 123-134.
- Pandis, C., Agrawal, N., Poole, N. (2019). Capgras' delusion: A systematic review of 255 published cases. *Psychopathology*, 52, 161-173.

p. 143. For a summary of the importance of psychodynamic and/or other depth psychological views on Capgras, see:

Enoch, D., Puri, B.K., & Ball, H. (2021). *Uncommon Psychiatric Syndromes* (5th Ed.). New York: Routledge.

Sinkman, A. (2017). Capgras and other misidentification syndromes. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.

p. 144. For information on the two hit model, see:

Currel, E.A., Werbeloff, N., Hates, F., & Bell, B. (2019). Cognitive neuropsychiatric analysis of an additional large Capgras delusion case series. *Cognitive Neuropsychiatry*, 24, 123-134.

Nuara, A., Nicollini, Y., D'Orio, P., Cardinal, F., Rizzolatti, G., Avanzini, P., Fabbri-Destro, M., & De Marco, D. (2020). Catching the imposter in the brain: The case of Capgras delusion. *Cortex*, 131, 295-304.

p. 144. For reviews of comorbid conditions associated with Capgras, both psychiatric and neurological, see:

Pandis, C., Agrawal, N., Poole, N. (2019). Capgras' delusion: A systematic review of 255 published cases. *Psychopathology*, 52, 161-173.

Sinkman, A. (2017). Capgras and other misidentification syndromes. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.

p. 144. For the importance of threat perception, see:

Abramowitz, J.S., & Blakey, S.M. (2019). *Clinical Handbook of Fear and Anxiety*. Washington DC: APA Press.

p. 145. Duration of Capgras:

Pandis, C., Agrawal, N., Poole, N. (2019). Capgras' delusion: A systematic review of 255 published cases. *Psychopathology*, 52, 161-173.

p. 145. For a review of Capgras and side effects, see:

Sinkman, A. (2017). Capgras and other misidentification syndromes. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.

- p. 145. The use of citalopram:
Leonpacher, A.K., Peters, M.E., Drye, L.T., Makino, K.M., Newell, J.A., Devanand, D.P., ... & Frangakis, C. (2016). Effects of Citalopram on Neuropsychiatric Symptoms in Alzheimer's Dementia: Evidence From the CitAD Study. *American Journal of Psychiatry* 173,473–480.
- p. 145. For the case of ECT preceding Capgras, see:
Hay, G.G., Jolley, D.J., & Jones, R.G. (1974). A case of the Capgras syndrome in association with pseudo-hypoparathyroidism. *Acta Psychiatrica Scandinavica*, 50, 73-77.
- p. 145. For a general review of treatments for Capgras, see:
Sinkman, A. (2017). Capgras and other misidentification syndromes. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- p. 146. "Balderdash!":
https://buffalonews.com/news/jack-finney-84-author-of-the-body-snatchers-dies/article_073cf90e-56dc-57fa-b705-621ebd8981ec.html
- p. 146. "For years now, I've been amused" (p. 31):
Hoberman, J. (1994). Paranoia and the pods. *Sight and Sound*, 4(5), 28-32.
- p. 148. For a very nice review of conspiracy theory research, see:
Brotherton, R. (2015). *Suspicious Minds: Why we Believe Conspiracy Theories*. New York: Bloomsbury.
- p. 150. For information on Spearfinger, see:
Keyworth, D. (2007). *Troublesome Corpses: Vampires and Revenants from Antiquity to the Present*. Essex: Desert Island Books.
- p. 150. For an example of this in Greek mythology, see any version/translation of *The Iliad* by Homer.

CHAPTER 6

Demons, Aliens, and Shadow People Sleep Paralysis as a New Subgenre of Horror

- p. 151. “From this ignorance”:
Hobbes, T. (1929). *The leviathan*. London: Oxford University Press.
- p. 155. For a review of sleep paralysis and fear, see:
Sharpless, B.A., & Grom, J.L. (2016). Isolated sleep paralysis: Fear, prevention, and disruption. *Behavioral Sleep Medicine, 14*(2), 134-139.
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- p. 155. Criteria for sleep paralysis episodes can be found in:
American Academy of Sleep Medicine. (2014). *International Classification of Sleep Disorders: Diagnostic and Coding Manual (3rd Ed)*. Darien, IL: American Academy of Sleep Medicine.
- Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.
- p. 155. Duration of episodes has been reviewed in:
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- p. 156. Common Sleep Paralysis Symptoms and Hallucinations was adapted from:
Sharpless, B.A., & Kličová, M. (2019). Clinical features of isolated sleep paralysis. *Sleep Medicine, 58*, 102-106.
- p. 156. Prevalence of nightmares when dreaming:
Schredl, M., & Doll, E. (1998). Emotions in diary dreams. *Consciousness and Cognition, 7*, 634- 646.
- p. 157. For more information on the people who enjoy sleep paralysis, see:
Kličová, M., Sharpless, B.A., & Bušková, J. (2021). Could sleep paralysis be pleasant? *Journal of Sleep Research 30*(3), e13154.

p. 157. For more information on narcolepsy, see:

American Academy of Sleep Medicine. (2014). *International Classification of Sleep Disorders: Diagnostic and Coding Manual (3rd Ed)*. Darien, IL: American Academy of Sleep Medicine.

p. 157. For various definitions and criteria for sleep paralysis, isolated sleep paralysis, fearful isolated sleep paralysis, recurrent isolated sleep paralysis, and recurrent fearful isolated sleep paralysis, see:

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Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.

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p. 158. On the shift in meaning for the Nightmare, see:

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Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.

p. 160. Alien abductions and sleep paralysis:

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Hufford, D. (1982). *The terror that comes in the night: An Experience-centered study of supernatural assault traditions*. Philadelphia, PA: University of Pennsylvania Press.

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- p. 160. Bedtime sexual assault references:
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- Kramer, H., & Sprenger, J. (1971). In Summers M. (Ed.), *The Malleus Maleficarum* (M. Summers Trans.). Mineola, NY: Dover Publications
- p. 160. Oh hags:
Firestone, M. (1985). The “old hag”: Sleep paralysis in Newfoundland. *The Journal of Psychoanalytic Anthropology*, 8, 48-66.
- p. 161. “I going well to bed” (p. 45):
Boyer, P., & Nissenbaum, S. (Eds.). (1993). *Salem-village witchcraft: A documentary record of local conflict in colonial New England*. Boston: Northeastern.
- p. 161. “a preternatural excrescence of flesh” (p. 107):
Boyer, P., & Nissenbaum, S. (1977). *The Salem Witchcraft Papers*. Cambridge: De Capo Press.
- p. 162. For supernatural attributions to sleep paralysis, see:
Rauf, B., Sharpless, B.A., Denis, D., Perach, R., Madrid-Valero, J.J., French, C.C., & Gregory, A.M. (submitted manuscript). *Isolated Sleep Paralysis: Clinical Features, Perception of Aetiology, Prevention and Disruption Strategies in a Large International Sample*.
- p. 163. Genetic contributions to sleep paralysis:
Denis, D., French, C.C., Rowe, R., Zavos, H.M.S., Nolan, P.M., Parsons, M.J., & Gregory, A.M. (2015) A twin and molecular genetics study of sleep paralysis and associated factors. *Journal of Sleep Research*, 24(4), 438– 446.
- p. 163. EEG and sleep paralysis:
American Academy of Sleep Medicine. (2014). *International Classification of Sleep Disorders: Diagnostic and Coding Manual (3rd Ed)*. Darien, IL: American Academy of Sleep Medicine.

- p. 163. Inducing sleep paralysis in sleep labs:
Takeuchi, T., Miyasita, A., Sasaki, Y., & Inugami, M. (1992). Isolated sleep paralysis elicited by sleep interruption. *Sleep: Journal of Sleep Research & Sleep Medicine*, 15(3), 217- 225.
- p. 163. Neurotransmitters and sleep paralysis:
Brooks, P.L., & Peever, J.H. (2012). Identification of the transmitter and receptor mechanisms responsible for REM sleep paralysis. *The Journal of Neuroscience*, 32, 9785–9795
- p. 163. For a review of factors making sleep paralysis more likely, see:
Denis, D., French, C. C., & Gregory, A. M. (2018). A systematic review of variables associated with sleep paralysis. *Sleep Medicine Reviews*, 38, 141–157.
- Sharpless B.A., & Denis, D. (2017). Isolated sleep paralysis. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- p. 164. For a review of medications used to treat sleep paralysis, see
Sharpless, B.A. (2016). A clinician's guide to recurrent isolated sleep paralysis. *Neuropsychiatric Disease and Treatment*, 12, 1761–1767.
- p. 164. For a review of folklore associated with sleep paralysis, see:
Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.
- p. 168. For information on the figures “seen” during sleep paralysis, see:
Sharpless, B.A., & Kliková, M. (2019). Clinical features of isolated sleep paralysis. *Sleep Medicine*, 58, 102-106.
- p. 169. For a review of “contagious” Nightmare, see:
Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.
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Stewart, C. (2002) Erotic dreams and nightmares from antiquity to the present. *The Journal of the Royal Anthropological Institute*, 8, 279-309.
- p. 173. Wolf skin girdle:
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Jones, E. (1949). *On the nightmare* (2nd Impression ed.). London: Hogarth Press and the Institute of Psycho-analysis.
- p. 174. For the progression of sleep paralysis, see:
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- p. 175. Lifetime prevalence rates of sleep paralysis:
Sharpless, B.A., & Barber, J.P. (2011). Lifetime prevalence rates of sleep paralysis: A systematic review. *Sleep Medicine Reviews*, 15, 311-315.
- p. 176. For the clinically-significant effects of sleep paralysis, see:
Sharpless, B.A., & Grom, J.L. (2016). Isolated sleep paralysis: Fear, prevention, and disruption. *Behavioral Sleep Medicine*, 14(2), 134-139.
- Sharpless, B.A., McCarthy, K.S., Chambless, D.L., Milrod, B.L., Khalsa, S.R., & Barber, J.P. (2010). Isolated sleep paralysis and fearful isolated sleep paralysis in outpatients with panic attacks. *Journal of Clinical Psychology*, 66, 1292-1306.
- p. 176. For a review of offensive and defensive measures, see:
Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.
- p. 176. Salt and sleep paralysis:
Jones, E. (1949). *On the nightmare* (2nd Impression ed.). London: Hogarth Press and the Institute of Psycho-analysis.
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- p. 176. Use of holy water:
Hufford, D. (1982). *The terror that comes in the night: An Experience-centered study of supernatural assault traditions*. Philadelphia, PA: University of Pennsylvania Press.
- p. 176. Use of the *Surat Kahl* of the *Qur'an*.
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- p. 177. For early medical treatments, see:
Aurelianus, C. (1950). In I. E. Drabkin (Ed.), *On acute diseases and chronic diseases* (I. E. Drabkin Trans.). Chicago: University of Chicago Press.

Sharpless, B.A., & Doghramji, K. (2015). *Sleep paralysis: Historical, psychological, and medical perspectives*. New York: Oxford University Press.

p. 177. The Nightmare and digestive problems

Macnish, R. (1834). *The philosophy of sleep* (First American ed.). New York: D. Appleton and Company.

Waller, J. (1816). *A treatise on the incubus, or night-mare, disturbed sleep, terrific dreams, and nocturnal visions with the means of removing these distressing complaints*. London: E Cox and Son.

p. 178. For examples of useful treatments from early medical doctors, see:

Bond, J. (1753). *An essay on the incubus, or night mare*. London: D. Wilson and T. Durham.

Van Diemerbroeck, I. (1689). *The anatomy of human bodies, comprehending the most modern discoveries and curiosities in that art. To which is added a particular treatise of the small-pox and measles. Together with several practical observations and experienced cures*. (W. Salmom Trans.). London: W. Whitwood.

p. 178. Suppression of REM sleep with antidepressants:

DeMartinis NA, Winokur A. (2007). Effects of psychiatric medications on sleep and sleep disorders. *CNS & Neurological Disorders - Drug Targets*, 6,17-29.

p. 178. For a review of medications used for sleep paralysis, see:

Sharpless, B.A. (2016). A clinician's guide to recurrent isolated sleep paralysis. *Neuropsychiatric Disease and Treatment*, 12, 1761–1767.

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p. 178. Cognitive-Behavior Therapy for Isolated Sleep Paralysis (CBT-ISP)

Sharpless, B.A. (2016). A clinician's guide to recurrent isolated sleep paralysis. *Neuropsychiatric Disease and Treatment*, 12, 1761–1767.

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Jalal, B. (2016). How to make the ghosts in my bedroom disappear? Focused-attention meditation combined with muscle relaxation (MR therapy) - a direct treatment intervention for sleep paralysis. *Frontiers of Psychology*, 7, 28.

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- Sharpless B.A., & Denis, D. (2017). Isolated sleep paralysis. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research*. New York: Oxford University Press.
- p. 180. Pregnancy and sleep paralysis:
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- p. 181. Ghost beliefs
<https://www.usatoday.com/story/news/nation/2021/10/28/do-ghosts-exist-41-percent-americans-say-yes/8580577002/>
- p. 182. Belief that the moon landing was fake:
https://www.publicpolicypolling.com/wp-content/uploads/2017/09/PPP_Release_National_ConspiracyTheories_040213.pdf
- p. 182. Paul McCartney conspiracy belief:
<https://www.rollingstone.com/music/music-features/paul-mccartney-is-dead-conspiracy-897189/>

CHAPTER 7

Are You Gonna Eat That? Cannibal Movies and Vorarephilia

- p. 186. Horror as “transgressing normal boundaries and expectations:
Hutchings, P. (2009). *The A to Z of Horror Cinema*. Lanham, MD: Scarecrow Press Inc.
- p. 187. For critiques of The Man-Eating Myth, see:
Travis-Henikoff, C.A. (2008). *Dinner with a Cannibal: The Complete History of the World’s Oldest Taboo*. Santa Monika: Santa Monika Press LLC
- Petrinovich, L. (2000). *The Cannibal Within*. New York: Routledge.
- p. 188. “If anthropologists don’t want”: Cited in (p. 149):
Petrinovich, L. (2000). *The Cannibal Within*. New York: Routledge.
- p. 188. Cannibalism in the animal kingdom is reviewed in:
Schutt, B. (2018). *Cannibalism: A Perfectly Natural History*. Chapel Hill: Algonquin Books.
- p. 188. Evidence for cannibalism in humans is reviewed in a number of sources including:
Byard, R.W., & Maxwell-Stewart, H. (2018). Cannibalism amongst penitentiary escapees from Sarah Island in nineteenth century Van Diemen’s Land. *Forensic Science, Medicine and Pathology, 14*, 410-415.
- Travis-Henikoff, C.A. (2008). *Dinner with a Cannibal: The Complete History of the World’s Oldest Taboo*. Santa Monika: Santa Monika Press LLC.
- Turner, C.G., & Turner, J.A. (2011). *Man Corn: Cannibalism and Violence in the American Southwest*. University of Utah Press.
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- p. 189. Information on cannibalism in the American Southwest can be found in:
Travis-Henikoff, C.A. (2008). *Dinner with a Cannibal: The Complete History of the World’s Oldest Taboo*. Santa Monika: Santa Monika Press LLC.

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p. 189. Why do people eat people? I adapted categories for this section from these and other scholars:

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Travis-Henikoff, C.A. (2008). *Dinner with a Cannibal: The Complete History of the World's Oldest Taboo*. Santa Monika: Santa Monika Press LLC.

p. 190. Recent cases of cannibalism can be found in:

Schutt, B. (2018). *Cannibalism: A Perfectly Natural History*. Chapel Hill: Algonquin Books.

p. 191. Descriptions of what takes place in survival situations were adapted from:

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p. 192. For the importance of group affiliation in cannibal situations, see:

Duntley, J.D. (2005). Adaptations of dangers from humans in D. Buss's (Ed.) *The Handbook of Evolutionary Psychology*. Hoboken: John Wiley & Sons.

p. 194., Citations of McConnell's work and influence:

<https://www.apa.org/monitor/2010/06/memory-transfer#:~:text=It%E2%80%99s%20March%201960%2C%20and%20James,a%20bright%20light%20is%20flashed>

<https://www.theverge.com/2015/3/18/8225321/memory-research-flatworm-cannibalism-james-mcconnell-michael-levin>

p. 195. Exocannibalism citation:

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p. 197. Medicinal cannibalism citations:

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Sugg, R. (2015). *Mummies, Cannibals, and Vampires: The History of Corpse Medicine From the Middle Ages to the Victorians* (2nd Ed). New York: Routledge.

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- Monasterio, E., & Prince, C. (2011). Self-cannibalism in the absence of psychosis and substance use. *Australasian Psychiatry*, 19, 170-172.
- p. 198. Case of autocannibalism and sleep apnea:
Basyuni, S., & Quinnell, T. (2017). Autocannibalism induced in obstructive sleep apnea. *Sleep Medicine*, 37, 72-73.
- p. 199. Petreca citation:
Petreca, V.G., Brucato, G., Burgess, A.W., & Dixon, E. (2021). Criminal cannibalism: An examination of patterns and types. *Aggression and Violent Behavior*, 56, 101531.
- p. 200. For an interesting and book-length discussion of cannibalism as used to “other” groups of people, see:
Brown, J. (2013). *Cannibalism in Literature and Film*. New York: Palgrave-Macmillon
- p. 202. Some examples of giants can be found in New York times articles published on May 5th, 1885 and February 11th, 1902 at:
<https://www.nytimes.com/>
- p. 203. Some of these sources on Paiute lore can be found in
Hittman, M. (2013). *Corbett Mack: The Life of a Northern Paiute*. University of Nevada Press.
- p. 203. The tale of Lovelock cave can be found in Sarah Winnemucca’s recorded account from:
Loud, L.L, & Harrington, M.R. (1929). *Lovelock Cave*. Berkeley: University of California Press.
- p. 203. fears of indigenous peoples...
Brown, J. (2013). *Cannibalism in Literature and Film*. New York: Palgrave-Macmillon
- p. 207. “Our secret dread is that the dark” (p. 116):
Brown, J. (2013). *Cannibalism in Literature and Film*. New York: Palgrave-Macmillon
- p. 209. Burial practices of the fore:
Travis-Henikoff, C.A. (2008). *Dinner with a Cannibal: The Complete History of the World’s Oldest Taboo*. Santa Monika: Santa Monika Press LLC.

- p. 209. Discussions of *kuru*:
Liberski, P.P., Gajos, A., Sikorska, B., & Lindenbaum, S. (2019). Kuru, the first human prion disease. *Viruses*, *11*, 232.
- Schutt, B. (2018). *Cannibalism: A Perfectly Natural History*. Chapel Hill: Algonquin Books.
- p. 210. Calories and yield of human meat:
Turner, C.G., & Turner, J.A. (2011). *Man Corn: Cannibalism and Violence in the American Southwest*. University of Utah Press.
- <https://time.com/4728703/cannibalism-calories/>
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Travis-Henikoff, C.A. (2008). *Dinner with a Cannibal: The Complete History of the World's Oldest Taboo*. Santa Monika: Santa Monika Press LLC.
- p. 211. For some citations on the taste of human flesh, see:
Lockhurst, R. (2015). *Zombies: A Cultural History*. London: Reaktion Books Ltd.
- Schutt, B. (2018). *Cannibalism: A Perfectly Natural History*. Chapel Hill: Algonquin Books.
- p. 212. Lester et al. study:
Lester, D., White, J., & Giordano, B. (2015). Cannibalism. *OMEGA: Journal of Death and Dying*, *70*, 428-435.
- p. 212. "A more recent study of cannibals" citation:
Raymond, S., Leger, A.-S., & Gasman, I. (2019). The psychopathological profile of cannibalism: A review of five cases. *Journal of Forensic Sciences*, *64*, 1568-1573.
- p. 212. Petreca citation:
Petreca, V.G., Brucato, G., Burgess, A.W., & Dixon, E. (2021). Criminal cannibalism: An examination of patterns and types. *Aggression and Violent Behavior*, *56*, 101531.
- p. 213. Giordano, White, and Lester study:
Giordano, B., White, J., & Lester, D. (2012). A typology of criminal cannibalism. *The American Journal of Forensic Psychology*, *30*, 35-44.

- p. 213. Citations on vorarephilia subtypes, fantasies, and behaviors, see:
Lykins, A.D., & Cantor, J.M. (2014). Vorarephilia: A case study in masochism and erotic consumption. *Archives of Sexual Behavior*, 43, 181-186.
- <https://www.psychologytoday.com/us/blog/in-excess/201604/vorarephilia-and-being-eaten-sexual-pleasure>
- p. 215. For information on the “Turkey Man”, see:
Gates, K. (2000). *Deviant Desires: Incredibly Strange Sex*. New York: Juno Books.
- p. 216. Vore and autoerotic asphyxiation/asphyxophilia:
<https://www.psychologytoday.com/us/blog/in-excess/201604/vorarephilia-and-being-eaten-sexual-pleasure>
- p. 216. de Blécourt citation:
de Blécourt, W., (2015). *Werewolf Histories*. New York: Palgrave Macmillan.
- p. 217. See the following for information on sex differences in fear responses:
Barrett, H.C. (2005). Adaptations to predators and prey in D. Buss’s (Ed.) *The Handbook of Evolutionary Psychology*. Hoboken: John Wiley & Sons.
- Coss, R.G. (1999). Effects of relaxed natural selection on the evolution of behavior. In S.A. Foster & J.A. Endler (Eds.), *Geographic Variation in Behavior: Perspectives on Evolutionary Mechanisms*. Oxford, England: Oxford University Press.

CHAPTER 8

Shuddersome Sex in the Movies

Necrophilia and Somnophilia

p. 219. Henri Blot quote

Aggrawal, A. (2008). *Forensic and Medico-Legal Aspects of Sexual Crimes and Unusual Sexual Practices*. Boca Raton, FL: CRC Press.

p. 220. The table on famous (and reputed) necrophiles was collected from a number of sources including the following:

Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.

Newton, M. (2006). *The Encyclopedia of Serial Killers (2nd Ed)*. New York: Facts on File Inc.

p. 222. Fetishistic disorder and frotteuristic disorder criteria can be found in:

American Psychiatric Association (2022). *Diagnostic and Statistical Manual of Mental Disorders, Text Revision (5th Ed)*. Arlington, APA Press.

p. 223. For other categorical classifications of necrophiles see the works see:

Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.

Pettigrew, M. (2019). Fantasy, opportunity, homicide: Testing classifications of necrophilic behavior. *Journal of Police and Criminal Psychology*, 34, 14-22.

West, S.G., & Resnick, P.J. (2017). Necrophilia. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research* (pp. 124-135). New York: Oxford University Press.

p. 224. An interesting discussion of the limits of necrophilic subtypes can be found in:

Pettigrew, M. (2019). Fantasy, opportunity, homicide: Testing classifications of necrophilic behavior. *Journal of Police and Criminal Psychology*, 34, 14-22.

p. 225. An interesting early version of Sleeping Beauty is the Basile version entitled *Sun, Moon, and Talia*.

p. 226. The moving through various necrophilic categories was described in:

Pettigrew, M. (2017). Comorbid, sequential, or different desires? Exploring the relationship between somnophilia and necrophilia. *Journal of Sexual Aggression*, 23(3), 351-359.

- p. 226. Behavioral conditioning of paraphilias was described in:
Laws, R.D., & O'Donohue, W.T. (2008). *Sexual Deviance: Theory, Assessment, and Treatment* (2nd Ed.). New York: Guilford Press.
- p. 226. Sex worker citation:
https://factsanddetails.com/southeast-asia/Singapore/sub5_7d/entry-3747.html
- p. 226. “Antivampires” noted on p. 4 of:
Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.
- p. 227. Fetishistic necrophilia:
Pettigrew, M. (2019). Fantasy, opportunity, homicide: Testing classifications of necrophilic behavior. *Journal of Police and Criminal Psychology*, 34, 14-22.
- p. 228. Lady of the French court, see p. 10 of:
Ellis, H. (1936). *Studies in the Psychology of Sex* (Volume II). New York: Random House.
- p. 228. For the case of John Pryce, see
Aggrawal, A. (2008). *Forensic and Medico-Legal Aspects of Sexual Crimes and Unusual Sexual Practices*. Boca Raton, FL: CRC Press.
- p. 229. For opportunistic necrophiles, see:
Rosman, J.P., Resnick, P.J (1989). Sexual attraction to corpses: A psychiatric review of necrophilia, *Bulletin of the American Academy of Psychiatry and Law*, 17(2), 153-163
- p. 229. For more on the Steffan and Douglass cases:
<https://www.investigationdiscovery.com/crimefeed/sex-crimes/the-necrophile-morgue-worker-the-corpse-rape-that-exposed-him>
- p. 231. Marilyn Monroe:
Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.

<https://metro.co.uk/2019/08/17/marilyn-monroe-documentary-claims-nude-pictures-taken-death-remain-undeveloped-10589087/>
- p. 232. “beauty pageants”:
Hyatte, R. (2007). *Laughter for the Devil: The Trials of Gilles De Rais, Companion-In-Arms of Joan of Arc*. Delanco, NJ: Gryphon Editions, LLC.

- p. 233. There are many sources for information on Sergeant Bertrand including:
Finbow, S. (2014). *Grave Desires: A Cultural History of Necrophilia*. Alresford, UK: Zero Books.
- Krafft-Ebing, R.V. (1965). *Psychopathia Sexualis* (Translated by Franklin S. Klaf). New York: Stein and Day
- West, S.G., & Resnick, P.J. (2017). Necrophilia. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research* (pp. 124-135). New York: Oxford University Press.
- p. 234. "I covered it with kisses" can be found on p. 68 of:
Krafft-Ebing, R.V. (1965). *Psychopathia Sexualis* (Translated by Franklin S. Klaf). New York: Stein and Day
- p. 235. "the pits": Portions of this letter were reprinted on pp.137-138 of:
Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.
- p. 236. Descriptions of the term 'sompnophilia' can be found in:
Griffiths, M.D. (2014). *Doze Were the Days*. Retrieved from:
<https://www.psychologytoday.com/us/blog/in-excess/201402/doze-were-the-days>
- p. 236. For information on the Cosby case, see:
<https://www.nytimes.com/live/2022/06/21/arts/bill-cosby-verdict-judy-huth>
<https://www.latimes.com/entertainment-arts/story/2022-05-25/bill-cosby-judy-huth-child-sexual-assault-allegations-playboy-mansion-what-to-know>
- p. 237. For data on somnophilia and fantasies, see:
Deehan, E..T, & Bartels, R.M. (2021) Somnophilia: Examining its various forms and associated constructs. *Sex Abuse*, 33(1), 200-222.
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- p. 238. For data on somnophilic fantasies, see:
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- p. 239. “ground-breakingly gruesome”:
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- p. 240. For information on the rock star “trick”, see:
Manning, M. (2010) *Fucked by Rock: The Unspeakable Confessions of Zodiac Mindwarp and I have the Greatest Respect for you George*. London: Cherry Red Books.
- p. 241. For information on necrophilia in penguins, see:
<https://www.bbc.com/news/science-environment-18370797>
- p. 241. For information on necrophilia resulting in pregnancy in the animal kingdom, see:
Pintanel, P., Obando-Moreno, G., & Merino-Viteri, A. (2021). Necrophiliac behaviour in the recently described species *Scinax tsachila* (Anura: Hylidae), with a review of necrophilia in amphibians. *Neotropical Biodiversity*, 7(1), 53-56.
- p. 242. For information on the faux pregnancy due to necrophilia “case”, see:
<https://www.snopes.com/fact-check/dead-man-impregnates-woman/>
- p. 242. For information on national and international law and necrophilia, see Chapter 6 of:
Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.
- p. 243. Details of the Grunke case:
<https://www.nbcnews.com/id/wbna25609866>
- p. 243. Details of Greens candidate campaign.
<https://prepareforchange.net/2018/09/07/exclusive-necrophilia-is-harmless-greens-candidate-calls-for-legal-sex-with-corpse-in-australia-after-it-was-revealed-he-campaigned-to-change-the-law-to-allow-bestiality/>
- p. 243. Details of youth group of the Swedish Liberal Party:
https://www.thenationalstudent.com/In_Depth2016-03-02/meet_the_youth_group_that_wants_to_legalise_incest.html

- p. 243. For more information on Wendell, see:
Laycock, J. (2009). *Vampires Today: The Truth about Modern Vampirism*. Westport, CT: Praeger
- p. 243. For a discussion of the prevalence of necrophilia, see:
West, S.G., & Resnick, P.J. (2017). Necrophilia. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research* (pp. 124-135). New York: Oxford University Press.
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Rosman, J.P., Resnick, P.J (1989). Sexual attraction to corpses: A psychiatric review of necrophilia, *Bulletin of the American Academy of Psychiatry and Law*, 17(2), 153-163
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- p. 244. IQs of necrophiles:
Rosman, J.P., Resnick, P.J (1989). Sexual attraction to corpses: A psychiatric review of necrophilia, *Bulletin of the American Academy of Psychiatry and Law*, 17(2), 153-163
- p. 244. For necrophile case studies, see:
Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.
- p. 245. The childhood of necrophiles has been described in:
West, S.G., & Resnick, P.J. (2017). Necrophilia. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research* (pp. 124-135). New York: Oxford University Press.
- p. 245. Temporal lobe injuries and necrophilia:
Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.
- p. 245. The role of fantasy in paraphilias has been described in:
Carabellese, F., Maniglio R., Greco O., & Catanesi, R. (2011). The role of sexual fantasy in a serial sexual offender: a brief review of the literature and a case report. *Journal of Forensic Science*, 56(1),256–260.
- Gayford, J.J. (1997). Disorders of sexual preference, or Paraphilias: a review of the literature. *Medicine, Science, and the Law*, 37(4), 303–315

Gee, D., & Belofastov, A. (2007). Profiling sexual fantasy: fantasy in sexual offending and the Implications for criminal profiling. In R Kocsis' (Ed) *Criminal Profiling: International Theory, Research, and Practice*. Totowa: Humana Press.

p. 246. Edmund Kemper

Newton, M. (2006). *The Encyclopedia of Serial Killers (2nd Ed)*. New York: Facts on File Inc.

<https://www.crimeandinvestigation.co.uk/crime-files/edmund-kemper>

p. 246. For early psychological theories on necrophilia:

Aggrawal, A. (2011). *Necrophilia: Forensic and Medico-Legal Aspects*. Boca Raton, FL: CRC Press.

Jones, E. (1949). *On the nightmare* (2nd Impression ed.). London: Hogarth Press and the Institute of Psycho-analysis.

Rosman, J.P., Resnick, P.J (1989). Sexual attraction to corpses: A psychiatric review of necrophilia, *Bulletin of the American Academy of Psychiatry and Law*, 17(2), 153-163

p. 246. "No one has treated a sufficient number":

Rosman, J.P., Resnick, P.J (1989). Sexual attraction to corpses: A psychiatric review of necrophilia, *Bulletin of the American Academy of Psychiatry and Law*, 17(2), 153-163

CONCLUSION

Better Living Through Horror?

p. 251. Wood quote:

Wood, (2003). *Hollywood from Vietnam to Reagan... and beyond*. New York: Columbia University Press.

p. 254. Clive Tonge described his more personal connections to sleep paralysis on an episode of *Mysteries Decoded* (S02, E05) on the CW Network.

p. 255. For information on *koro*, see:

Dzokoto, V.A., & Adams, G. (2005). Understanding genital-shrinking epidemics in West Africa: Koro, Jujū, or mass psychogenic illness? *Culture, Medicine and Psychiatry*, 29, 53–78.

Garlipp, P. (2017). Koro: A genital retraction syndrome. In B Sharpless's (Ed.) *Unusual and Rare Psychological Disorders: A Handbook for Clinical Practice and Research* (pp. 167-176). New York: Oxford University Press.

Mo, G.M., & Heise, T. (1997). Die koroepidemie in südchina. In: K. Hoffmann & W. Machleidt (Eds.), *Psychiatrie im Kulturvergleich* (pp. 105–111). Berlin: VWB.

p. 256. Dr. Lars-Göran Öst (emeritus faculty at Stockholm University) has done a great deal of work in this area. He developed an effective treatment for specific phobias that can be completed in one session.

p. 258. For an interesting and readable book on the science of fear, the interested reader is directed to:

Kerr, M. (2015). *Scream: Chilling Adventures in the Science of Fear*. New York: PublicAffairs.

p. 260. There is a great collection of Stoic exercises such as this one collected in:

Irvine, W.B. (2008). *A Guide to the Good Life: The Ancient Art of Stoic Joy*. New York: Oxford University Press.

p. 261. I prioritized the works of Kenneth Vail and colleagues in this section. For example, see: Vail, K. E., Juhl, J., Arndt, J., Vess, M., Routledge, C., & Rutjens, B. T. (2012). When death is good for life: Considering the positive trajectories of terror management. *Personality and Social Psychology Review*, 16(4), 303–329.